

IMMEDIATE INTERVENTIONS

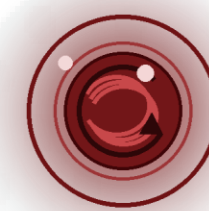
Immediate Mental Health Interventions for IDF Soldiers in the First 24 Hours of the October 7, 2023 Surprise Attack

Dr. Daniel Elbo Arama, PhD^{1,2,3}; Prof. Declan McGuone, MB, BCh³; Dr. Lior Turhanski, PhD¹; Tal Pelled, MSW¹; Kerem Bar Shalom, BSW¹; Meyron Ohana, BSW¹; Keren Popovich, MSW¹; Dr. Zivan Aviad Beer, MD¹

1. Department of Military Medicine and “Tzameret”, Faculty of Medicine, The Hebrew University of Jerusalem and Israel Defense Forces Medical Corps, Jerusalem, Israel
2. School of Public Health, Faculty of Health Sciences, Ben-Gurion University of the Negev, Beer Sheva, Israel 3. School of Medicine, Yale University, New Haven, CT, USA

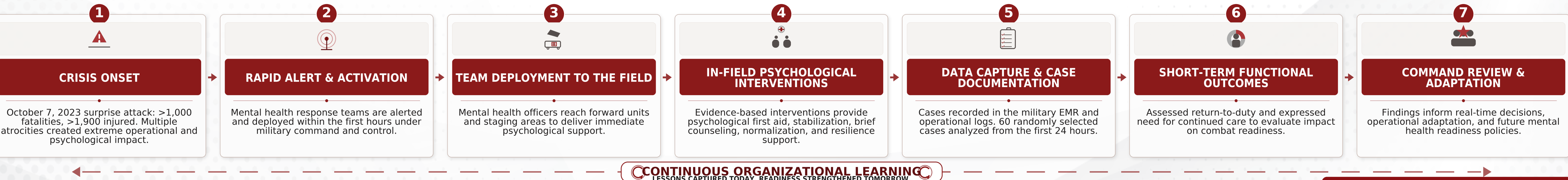
TAKE-HOME MESSAGE

Immediate frontline mental health care sustained combat readiness during the October 7 attack. The enduring need for follow-up care reveals that acute stabilization is not the end of the story.

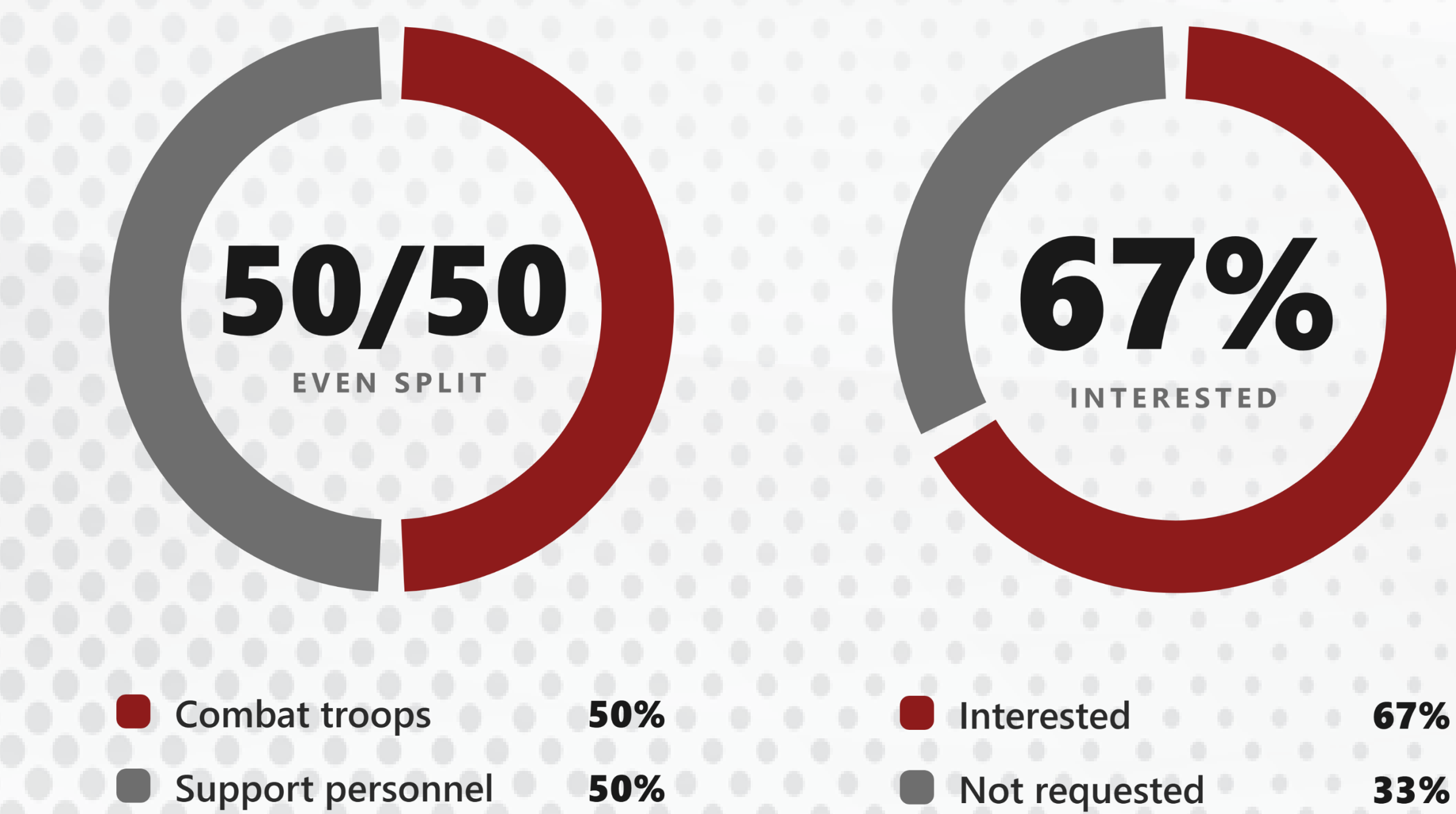


FROM CRISIS TO RESILIENCE: THE 24-HOUR MENTAL HEALTH RESPONSE CYCLE

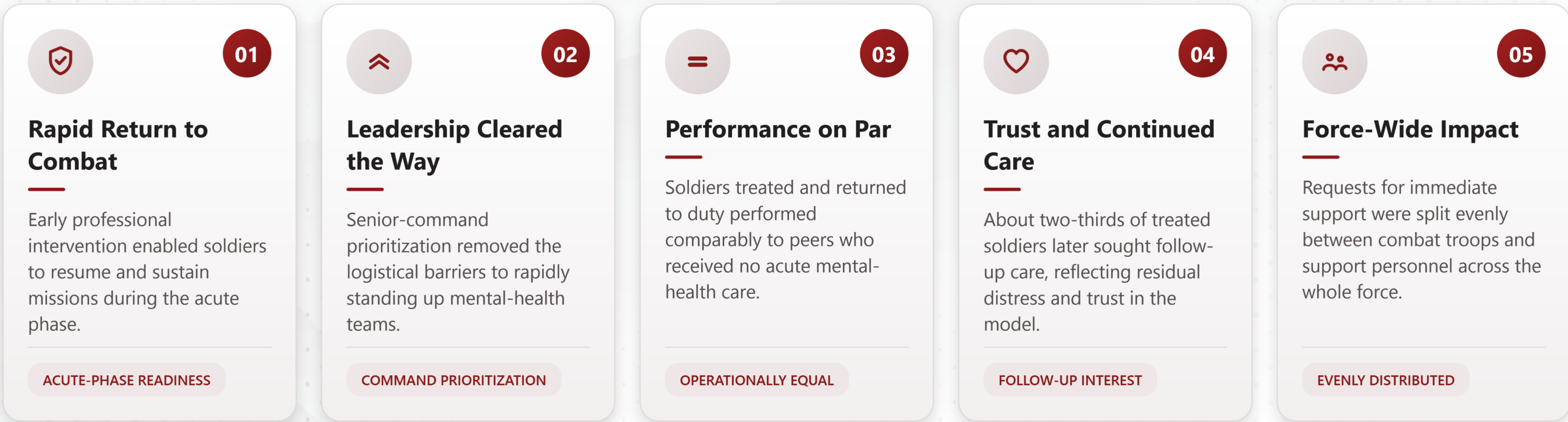
IMMEDIATE MENTAL HEALTH INTERVENTIONS FOR IDF SOLDIERS IN THE FIRST 24 HOURS OF THE OCTOBER 7, 2023 SURPRISE ATTACK



Source of Support Requests Interest in Follow-Up Care



Results — Five Key Findings



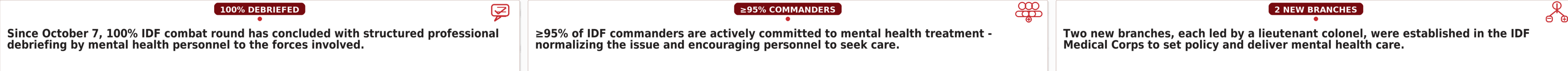
WHY IS THIS IMPORTANT?

Global Military Application:
The study offers an actionable blueprint for other international militaries confronting sudden, high-casualty, non-traditional warfare. It documents how leadership prioritization can override standard logistical barriers to deploy therapists directly into active combat zones.

SCIENTIFIC COMMENT:
This study analyzed 60 randomly selected cases using established, high-level quantitative statistical methods. However, the data were not compared against external sources, and causality cannot be inferred.



From Findings to the Field: What Actually Changed



Abstract disclaimer: The authors declare that they have no conflicts of interest or disclosures relevant to the content of this abstract. All research procedures were conducted in accordance with established ethical guidelines and with the approval of the appropriate institutional review board. The findings presented are based on the data available at the time of submission and may be subject to further analysis or refinement.

DrDaniel@idf.il
Elbodaniel@gmail.com

www.linkedin.com/in/Daniel-elbo-arama

ORCID <https://orcid.org/0000-0002-2815-6125>

Dr. Daniel Elbo Arama



At the moment of truth,
IDF MEDICAL CORPS.

