

UNCLASSIFIED



BURN CASUALTIES IN THE SWORDS OF IRON WAR

Patterns, Management, and Outcomes

MHSRS 2026

Mor Rittblat, MD, MPH¹ | Dmitry Kotovich, MD¹ | Stav
Sarna Cahan, MD² | Alexander Margulis, MD² | et al.

Presenter: Daniel Gelman, MD

Military Health System Research Symposium | Aug 3-6, 2026 | Kissimmee, Florida



Financial relationships

Presenter and co-authors report no relevant financial relationships with ineligible companies related to this educational content.

Funding and support

This study was performed as part of the IDF Medical Corps effort to improve combat casualty care. No commercial product, device, or company is promoted in this presentation.

Content standard

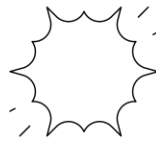
Generic terminology is used throughout. No product logos, trade names, or manufacturer screenshots are included.



CLINICAL CONTEXT

UNCLASSIFIED

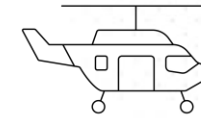
Modern combat burns are often part of combined blast trauma rather than isolated thermal exposure



High - Energy Munitions



Protective Gear Improvement



Evacuation Time Improvement



Multiple & Penetrating Injuries

Up to 20% of Casualties – Burn Injury

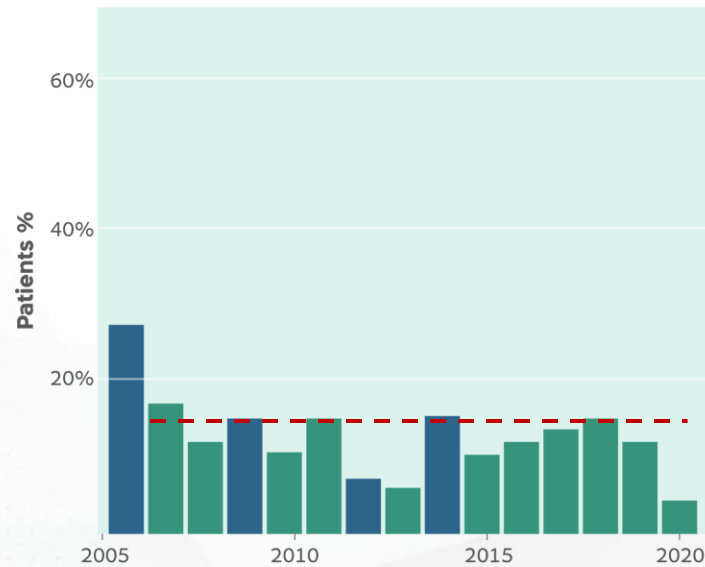
- Face
- Extremities



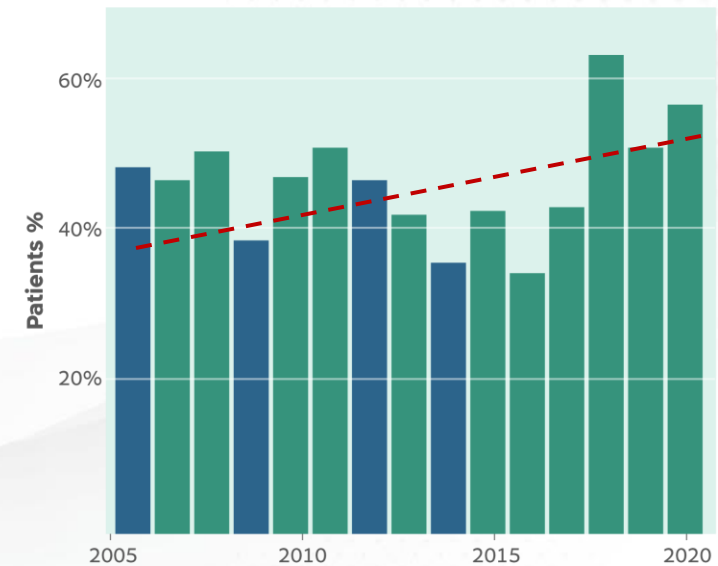
HISTORICAL BASELINE

UNCLASSIFIED

Earlier Israeli conflicts show persistent burn burden and rising severe-burn proportion



Any burn among all patients



Severe burns among burn patients

The Swords of Iron War adds a contemporary pattern of urban combat and explosive-related injuries to this historical sequence.



Severe Burn = Above 10% disability score



RESEARCH AIM

Analyze burn injury patterns, treatment, and outcomes during the Swords of Iron War

Epidemiology

Acute prehospital care

Hospital care and Recovery



STUDY METHODOLOGY

IDF Trauma Registry

Point-of-injury data, prehospital physiology, interventions, medications, and evacuation variables.



Israel National Trauma Registry

Hospital diagnoses, injury severity, operations, ICU admission, length of stay, and disposition.



Cohort window

October 2023 - August 2025,
(exclusions for death on scene, minor injuries, or missing records).

Analytic objective

Create a clinically usable picture of burn-system burden across evacuation, acute care, surgery, and rehabilitation.



DEFINITIONS

UNCLASSIFIED

Burn-only / Isolated burns

Burn injury with **no major associated injury**, or other AIS 1-2 injuries only.

Burn + major trauma

Burn injury **with associated AIS 3+ non-burn trauma**. This group reflects combined thermal-blast.

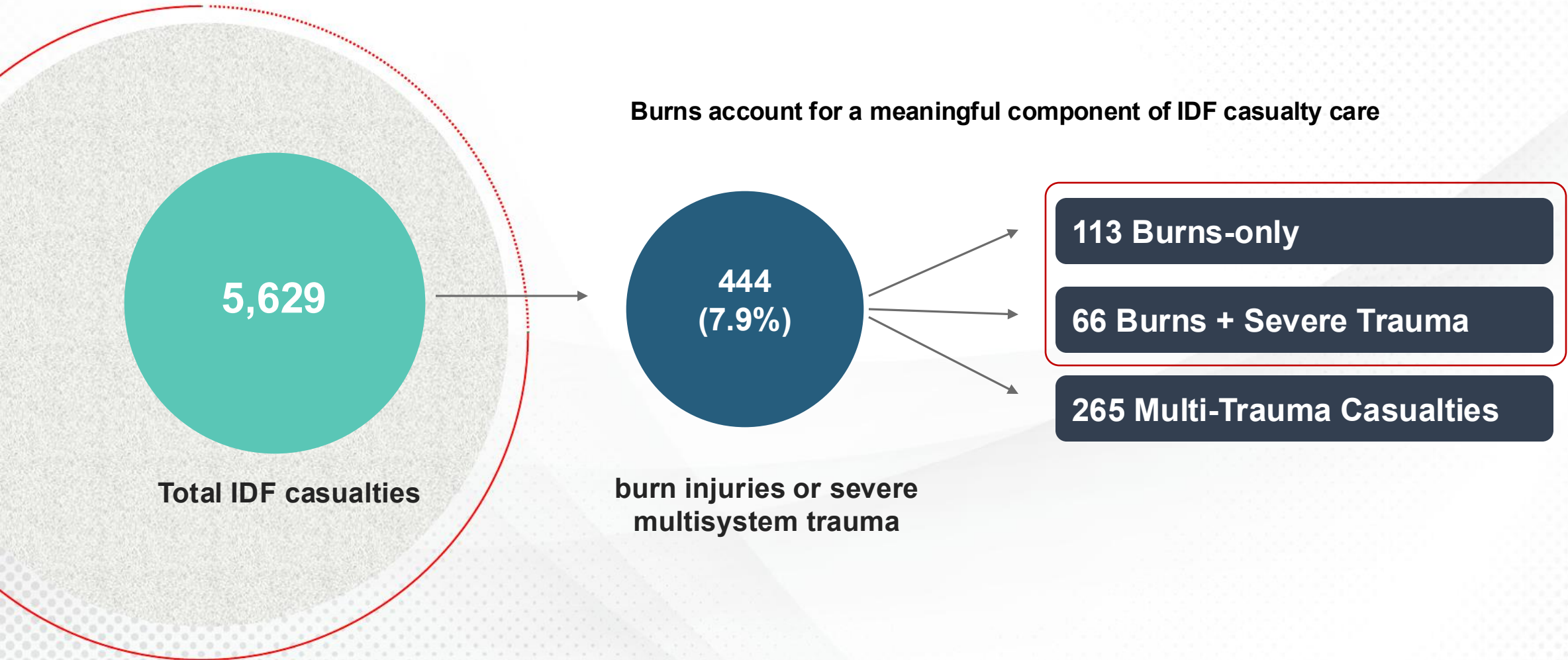
Major trauma without burns

Casualties **without burns** who sustained **severe multisystem trauma** (AIS score ≥ 3 in at least two body regions)



OPERATIONAL SCALE

UNCLASSIFIED



COHORT PROFILE

UNCLASSIFIED

Burn casualties in the integrated retrospective analysis, Oct 2023-Aug 2025

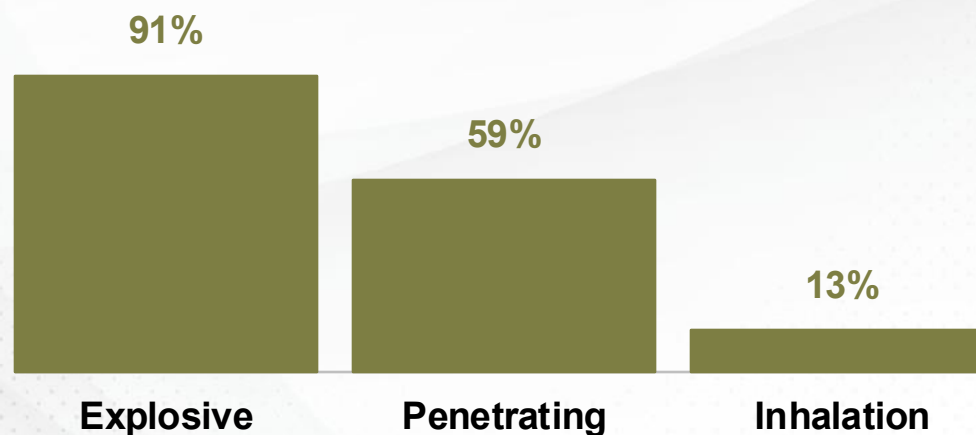
179
Total burn
patients

100%
male

64%
reserve

23%
conscript

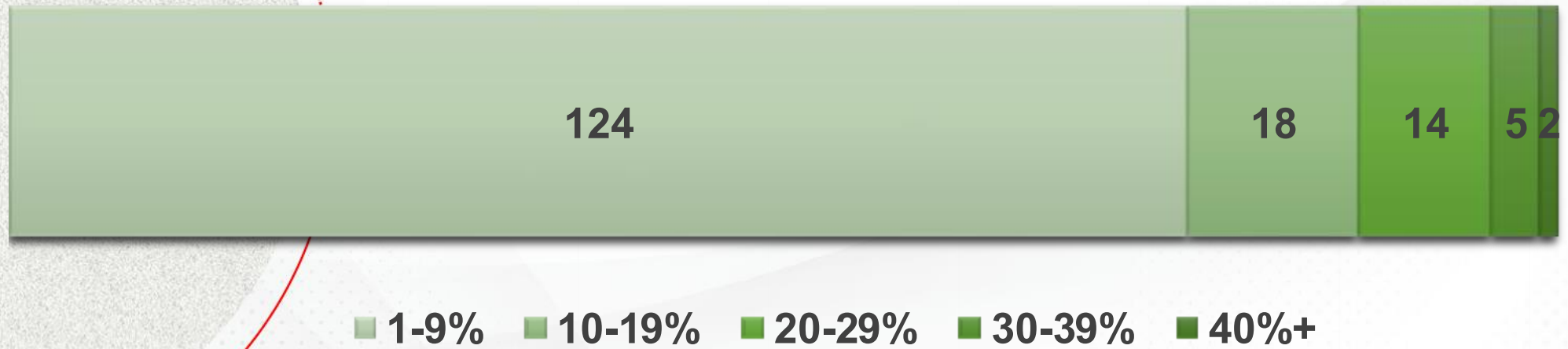
Injury mechanism and complexity



TBSA DISTRIBUTION

UNCLASSIFIED

TBSA distribution was similar between groups
(Isolated burns / Burns with Major trauma)



ANATOMICAL DISTRIBUTION

UNCLASSIFIED



PREHOSPITAL TREATMENT

UNCLASSIFIED

Oral transmucosal fentanyl

51.3% - isolated burns
44% - burns + trauma

**VS 33% for
major trauma
(without burns)**

IV ketamine

35.4% - isolated burns
56% - burns + trauma

**VS 46% for
major trauma
(without burns)**

Tourniquet

7% - isolated burns
47% - burns + trauma

**VS 46% for
major trauma
(without burns)**

Whole blood

4% - isolated burns
32% - burns + trauma

**VS 49% for
major trauma
(without burns)**



HOSPITAL CLINICAL BURDEN

UNCLASSIFIED

Burn casualties generated substantial ICU, operative, and rehabilitation demand

ICU admission

34% - isolated burns
77% - burns + trauma

VS 78% for
major trauma
(without burns)

ER to OR

13% - isolated burns
67% - burns + trauma

VS 73% for
major trauma
(without burns)

LOS 7+ days

43% - isolated burns
83% - burns + trauma

VS 77% for
major trauma
(without burns)

Rehabilitation

38% - isolated burns
73% - burns + trauma

VS 71% for
major trauma
(without burns)

Death

none - isolated burns
8% - burns + trauma

VS 15% for
major trauma
(without burns)



At the moment of truth,
IDF MEDICAL CORPS.

SURGICAL PROCEDURES

UNCLASSIFIED

Treatment intensity differed between burn + trauma and isolated burn groups

	Burn + trauma (66)	Isolated burns (113)
Initial wound management	66 (100%)	37 (32.7%)
Definitive wound coverage / reconstruction	31 (47%)	19 (16.8%)



ISOLATED BURNS ARE NOT MINOR INJURIES

Absence of major trauma does not eliminate burn-specific morbidity

34%
ICU signal

13%
surgical need

38%
Rehabilitation



OPERATIONAL IMPLICATIONS

UNCLASSIFIED

1. Trigger early airway review

Face burns and blast exposure should prompt airway-risk escalation **independent of TBSA.**

2. Treat pain aggressively

Analgesia is a casualty-stabilization intervention, not a comfort-only measure.

3. Preserve burn OR capacity

Direct ED-to-OR burden requires coordinated burn and trauma operating-room planning.

4. Plan for Rehabilitation

Rehabilitation demand approximates acute-care demand and should be tracked as a system endpoint.

5. Train for mixed injury

Burns should be taught as blast-trauma presentations with burn-specific needs.



Thank you!

Take-home message

- **Explosive mechanisms dominate** and **frequently involve exposed regions** such as the face and extremities.
- TBSA remains important, but triage must also prioritize location, inhalation risk, pain, and **associated trauma**.
- Combat burns require coordinated **trauma, burn, and rehabilitation** systems

