

# Optimizing the Tranexamic Acid Dose for Prophylactic Use to Improve Hemostasis Post-injury

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UNCLASSIFIED

# Disclaimer

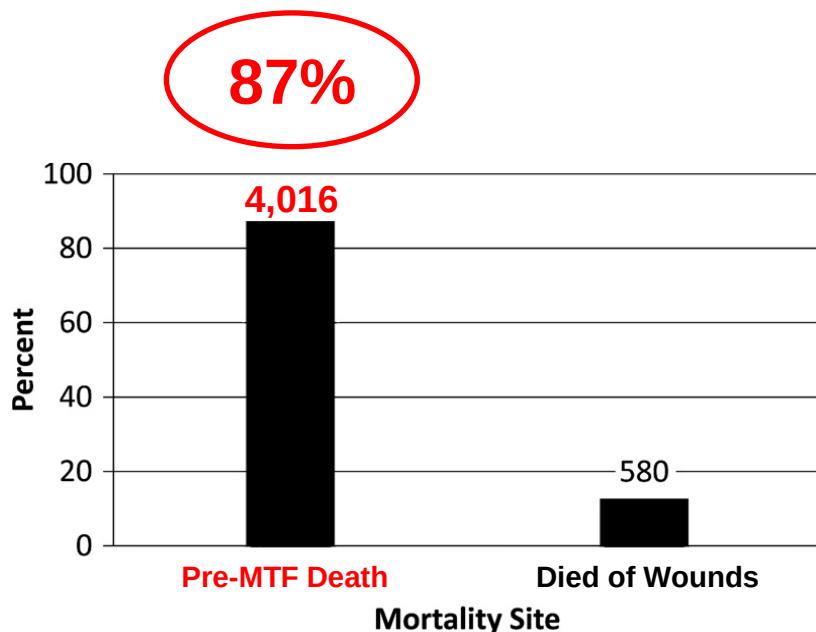
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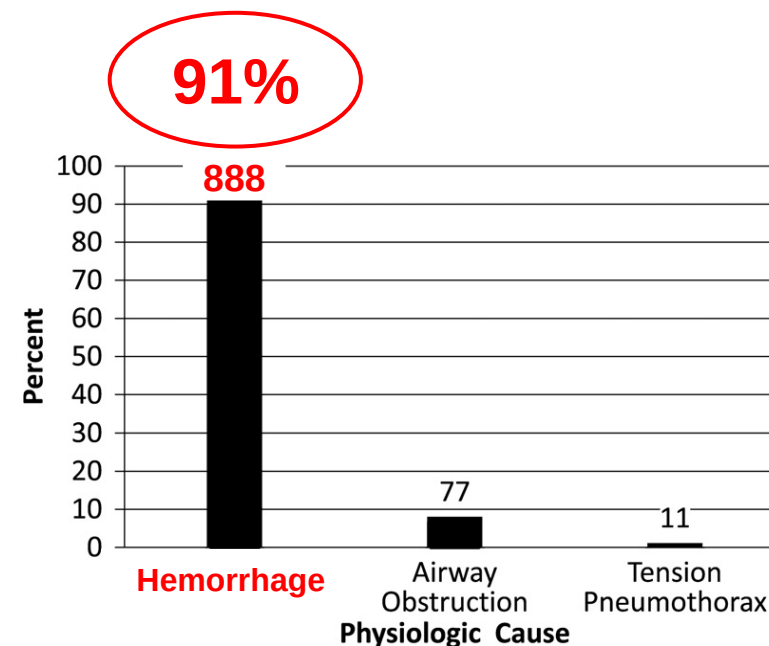
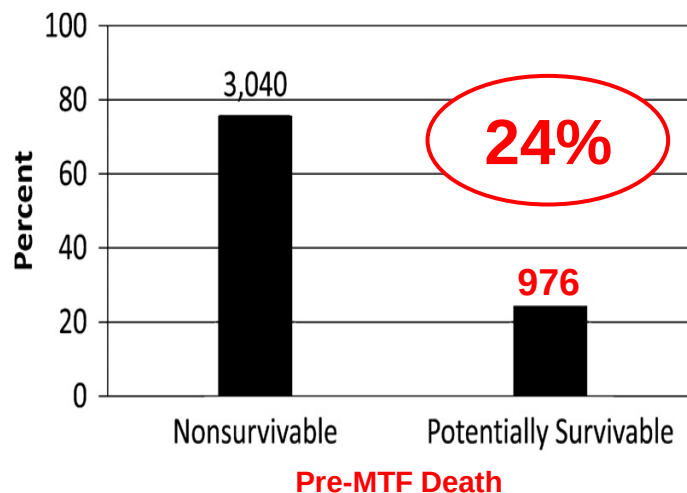
## Purpose: Tranexamic acid dose optimization

- Background
- Objective
- Study Design
- Results

## Military Casualty

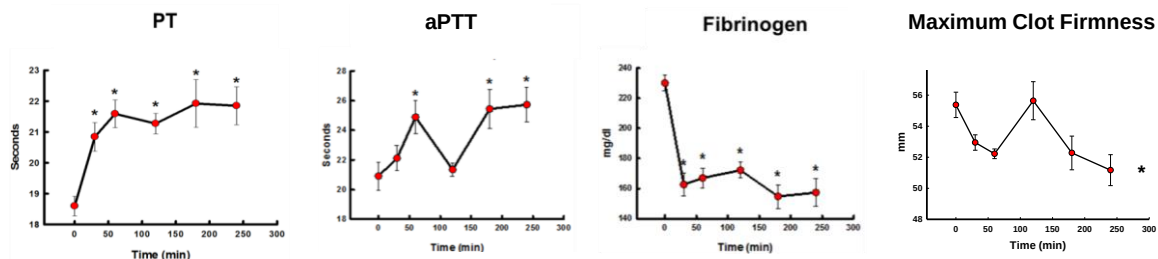
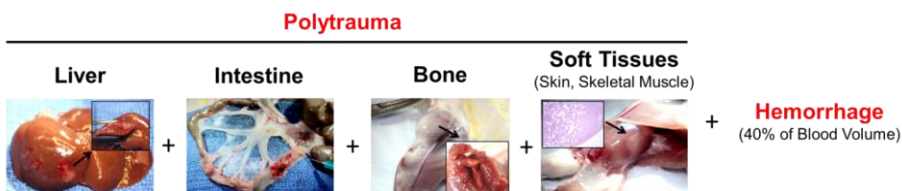


Eastridge BJ, et al. J Trauma Acute Care Surg. 2012.



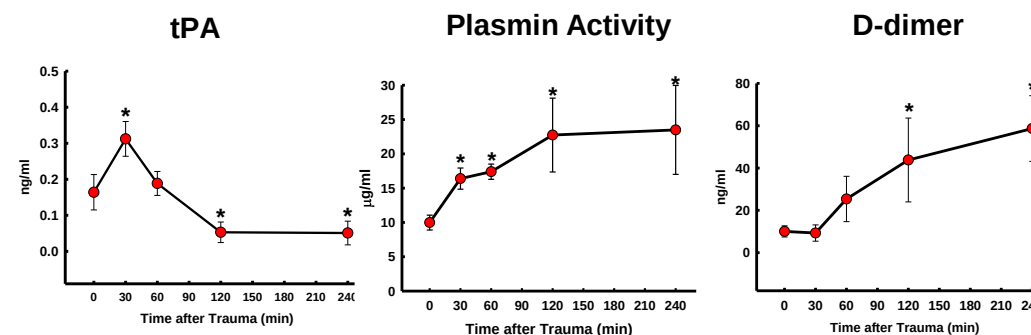
**Hemorrhage remains the leading cause of preventable death in military casualties. New approaches are needed that can extend pre-hospital survival time and reduce mortality due to shock.**

## Acute Traumatic Coagulopathy



Darlington DN, Shock 2013

## Hyperfibrinolysis



Wu X, Am J Physiol Regul Integr Comp Physiol 2016

► J Trauma Acute Care Surg. Author manuscript; available in PMC: 2019 Jun 1.

Published in final edited form as: J Trauma Acute Care Surg. 2018 Jun;84(6):929–938. doi:

[10.1097/TA.0000000000001878](https://doi.org/10.1097/TA.0000000000001878)

### Systemic Hyperfibrinolysis after Trauma: A Pilot study of Targeted Proteomic Analysis of Superposed Mechanisms in Patient Plasma

Anirban Banerjee<sup>1,\*</sup>, Christopher C Silliman<sup>1,2,5,\*</sup>, Ernest E Moore<sup>1,6</sup>, Monika Dzieciatskova<sup>6</sup>, Marguerite Kelher<sup>1,5</sup>, Angela Sauaia<sup>1,6</sup>, Kenneth Jones<sup>2</sup>, Michael P Chapman<sup>4</sup>, Eduardo Gonzalez<sup>1,6</sup>, Hunter B Moore<sup>1,6</sup>, Angelo D'Alessandro<sup>6</sup>, Erik Peltz<sup>1</sup>, Benjamin E Huebner<sup>1,6</sup>, Peter Einerson<sup>1,6</sup>, James Chandler<sup>1,6</sup>, Arsen Ghasabayan<sup>1,6</sup>, Kirk Hansen<sup>3</sup>

### Hyperfibrinolysis, physiologic fibrinolysis, and fibrinolysis shutdown

#### The spectrum of postinjury fibrinolysis and relevance to antifibrinolytic therapy

Moore, Hunter B. MD; Moore, Ernest E. MD; Gonzalez, Eduardo MD; Chapman, Michael P. MD; Chin, Theresa L. MD; Silliman, Christopher C. MD, PhD; Banerjee, Anirban PhD; Sauaia, Angela MD, PhD

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Journal of Trauma and Acute Care Surgery 77(6):p 811-817, December 2014. | DOI: 10.1097/TA.0000000000000341

EAST 2017 PLENARY PAPER

### The hyperfibrinolytic phenotype is the most lethal and resource intense presentation of fibrinolysis in massive transfusion patients

Taylor, John R. III MD; Fox, Erin E. PhD; Holcomb, John B. MD; Rizoli, Sandro MD, PhD; Inaba, Kenji MD; Schreiber, Martin A. MD; Brasel, Karen MD, MPH; Scalea, Thomas M. MD; Wade, Charles E. PhD; Bulger, Eileen MD; Cotton, Bryan A. MD, MPH

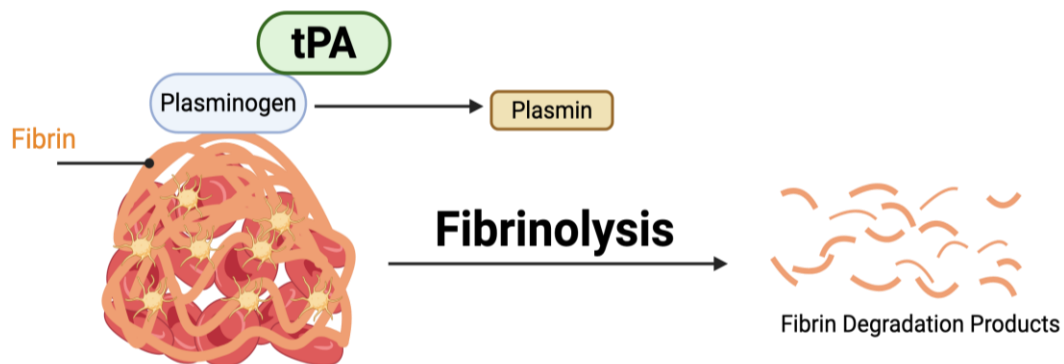
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Journal of Trauma and Acute Care Surgery 84(1):p 25-30, January 2018. | DOI: 10.1097/TA.0000000000001699

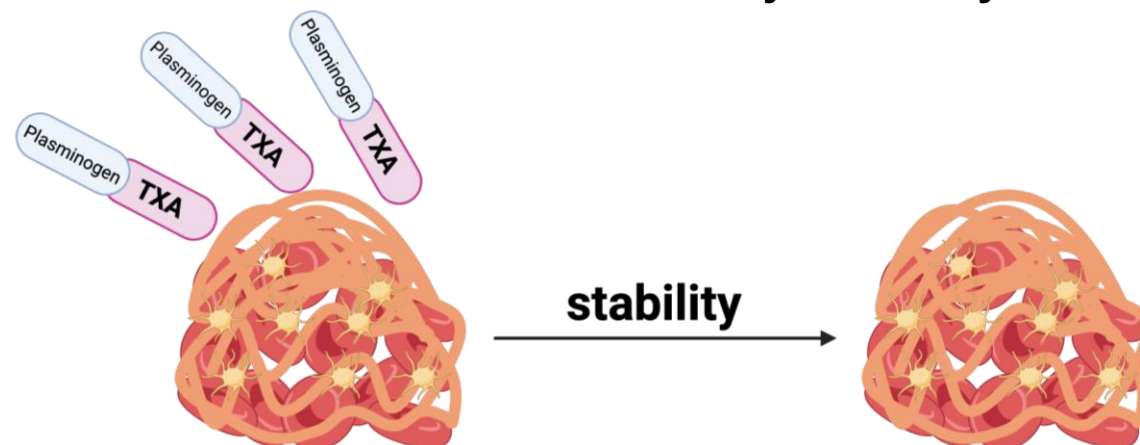


## Tranexamic Acid (TXA)

### tPA Induced-Fibrinolysis



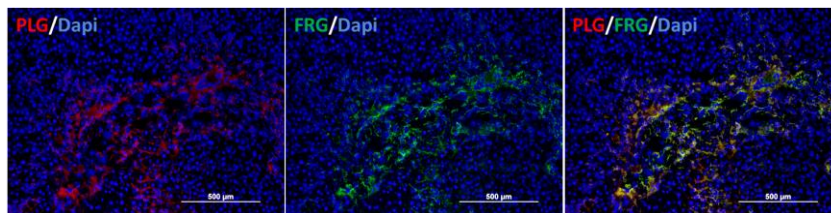
### TXA's Antifibrinolytic Activity



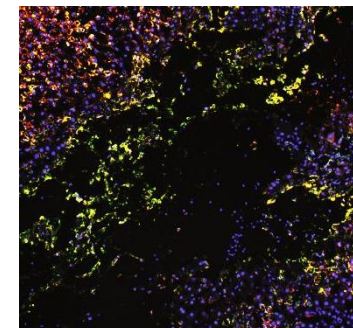
### Traumatized Liver



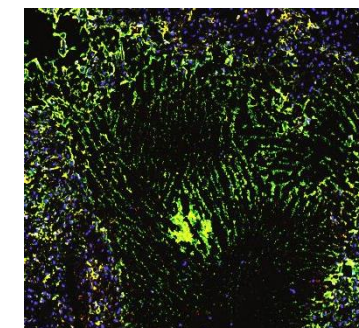
### Deposition of Plasminogen and Fibrin Immediately after Trauma



### 2hr after Trauma



### 2hr after Trauma with TXA Pretreatment



Wu X, Plos One 2017

Randomized Controlled Trial > [Lancet](#). 2011 Mar 26;377(9771):1096-101, 1101.e1-2.

doi: 10.1016/S0140-6736(11)60278-X.

## The importance of early treatment with tranexamic acid in bleeding trauma patients: an exploratory analysis of the CRASH-2 randomised controlled trial

CRASH-2 collaborators <sup>1</sup>; Ian Roberts, Haleema Shakur, Adefemi Afolabi, Karim Brohi, Tim Coats, Yashbir Dewan, Satoshi Gando, Gordon Guyatt, B J Hunt, Carlos Morales, Pablo Perel, David Prieto-Merino, Tom Woolley

PMID: 21439633 DOI: [10.1016/S0140-6736\(11\)60278-X](#)

### META-ANALYSES

## A Single Preoperative Dose of Tranexamic Acid Reduces Perioperative Blood Loss

### A Meta-analysis

Heyns, Mieke MD; Knight, Paige MD; Steve, Anna K. MD; Yeung, Justin K. MD

*Annals of Surgery* 273(1):p 75-81, January 2021. | DOI: [10.1097/SLA.00000000000003793](#)

|                                    | N      | All causes of death           | Bleeding death                | Non-bleeding death          |
|------------------------------------|--------|-------------------------------|-------------------------------|-----------------------------|
| Overall                            | 20 127 | 0.91 (0.85-0.97);<br>p=0.0035 | 0.85 (0.76-0.96);<br>p=0.0077 | 0.94 (0.86-1.02);<br>p=0.13 |
| Time to treatment (h)              |        |                               |                               |                             |
| ≤1                                 | 7451   | 0.87 (0.76-0.97)              | 0.68 (0.57-0.82)              | 1.04 (0.89-1.21)            |
| >1-3                               | 6033   | 0.87 (0.77-0.97)              | 0.79 (0.64-0.97)              | 0.91 (0.78-1.05)            |
| >3                                 | 6634   | 1.00 (0.90-1.13)              | 1.44 (1.12-1.84)              | 0.89 (0.78-1.02)            |
| χ <sup>2</sup> test of homogeneity | ..     | 4.411 (p=0.11)                | 23.516 (p=0.0000)             | 2.537 (p=0.28)              |

**Table 1: Relative risk (95% CI) of death with tranexamic acid, overall and by time to treatment**

TABLE 1 - Blood Loss in Tranexamic Acid Versus Placebo Groups Based on Surgical Discipline

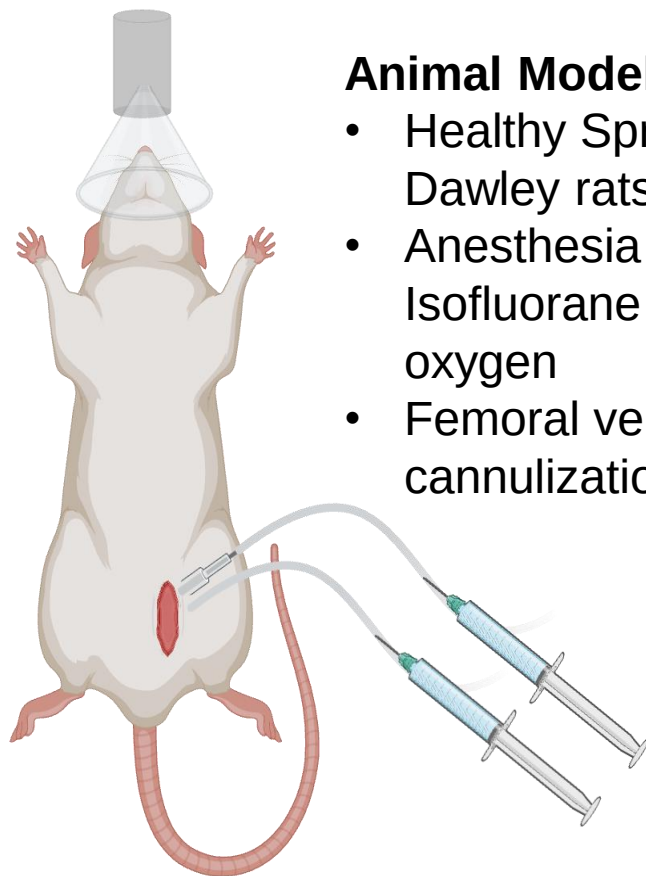
| Discipline                            | No. of RCTs | No. of Patients | Mean Difference in Blood Loss, cc (TXA, Control, 95% CI) |
|---------------------------------------|-------------|-----------------|----------------------------------------------------------|
| Orthopedic                            | 27          | 1822            | -86.79 [-113.75, -59.83]                                 |
| Obstetrics and gynecology             | 16          | 2850            | -166.92 [-198.82, -135.03]                               |
| Plastic surgery                       | 1           | 50              | -409.00 [-600.97, -217.03]                               |
| Oral maxillofacial/<br>Otolaryngology | 10          | 776             | -222.72 [-290.52, -154.91]                               |
| Cardiac surgery                       | 3           | 200             | -331.00 [-379.09, -282.91]                               |
| Total                                 | 57          | 5698            | -153.33 [-187.79, -118.87]                               |

**Prophylactic use of TXA has not been established in combat casualty care, and optimal prophylactic dosing remains unknown.**

# Objective

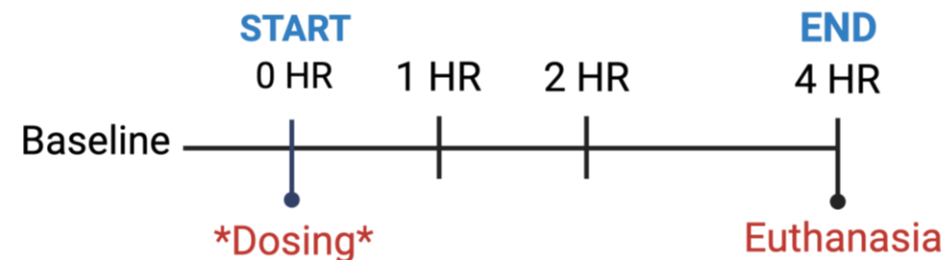
- Investigate a dosing range of prophylactic administration of TXA in healthy rats to determine the best regimens with sustained antifibrinolytic effect.





## Animal Model:

- Healthy Sprague-Dawley rats
- Anesthesia using Isoflurane with 100% oxygen
- Femoral vein and artery cannulization



## Treatment: n = 5/group

- vehicle, 20, 50, 100, 200, or 300 mg/kg (via IV)

## Sampling:

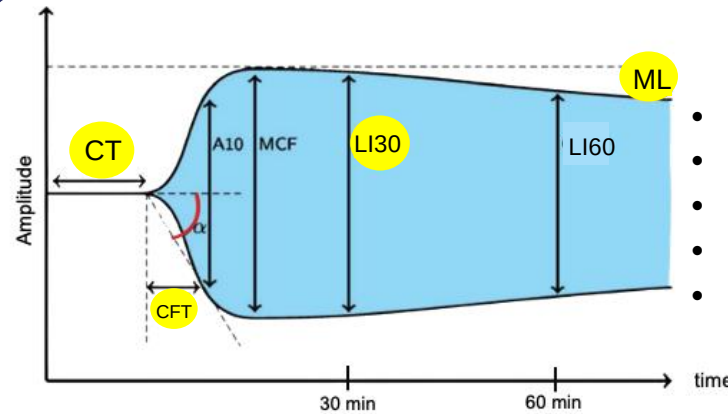
- baseline, 1, 2, and 4 hours after dosing

## Analyses:

- Hemodynamics, Blood gas analysis
- LC/MS
- tPA Challenge Test (ROTEM-EXTEM)

# Rotational Thromboelastometry (ROTEM) Overview

ROTEM is a whole blood assay used to assess hemostatic function by evaluating clot formation, stability, and breakdown.



- Clotting Time (CT)
- Clot Forming Time (CFT)
- Maximum Clot Firmness (MCF)
- Clot Lysis Index at 30 minutes (LI30)
- Maximum Lysis (ML)

## tPA challenge dosing:

0 µg/ml

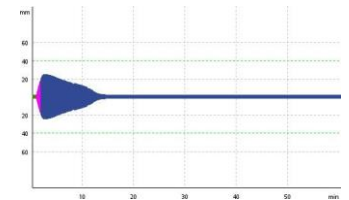
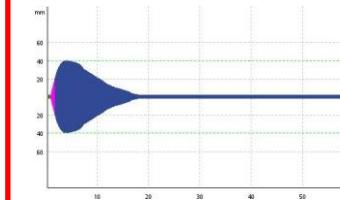
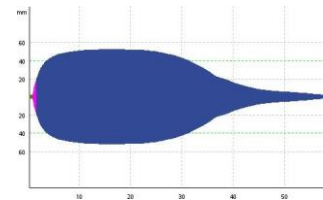
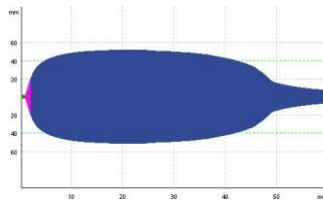
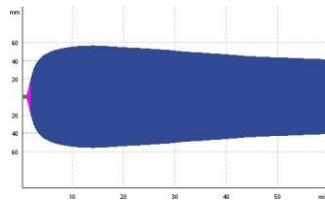
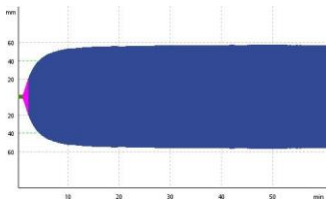
0.5 µg/ml

1 µg/ml

2 µg/ml

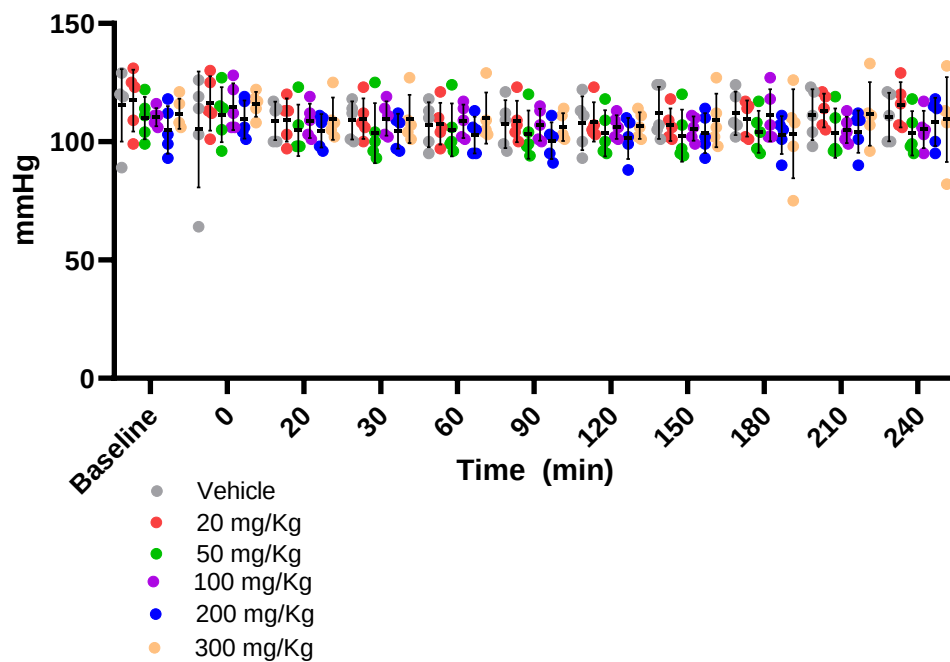
4 µg/ml

8 µg/ml

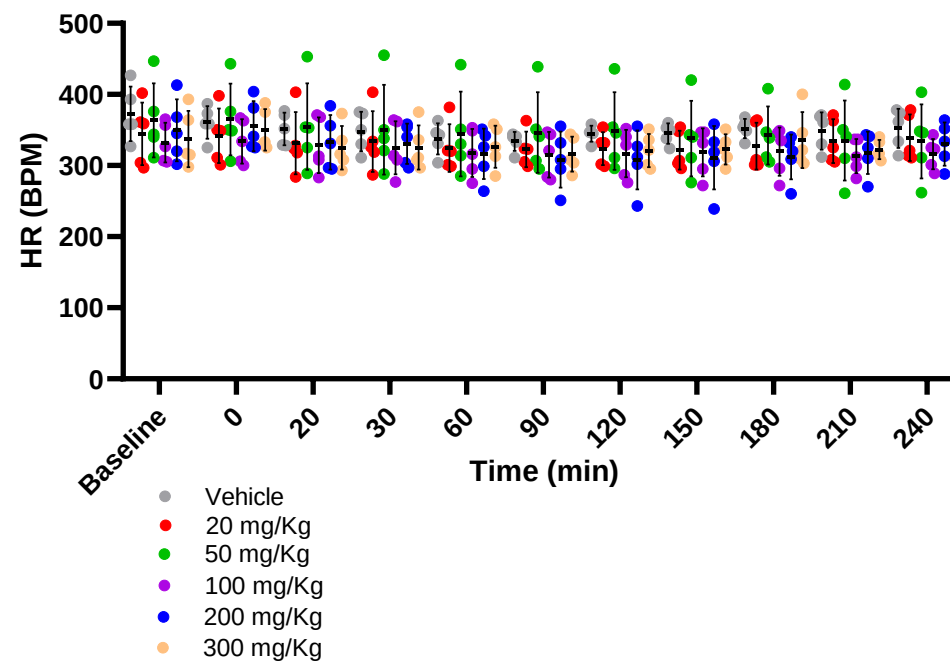


# Results (Hemodynamics)

Mean Arterial Pressure



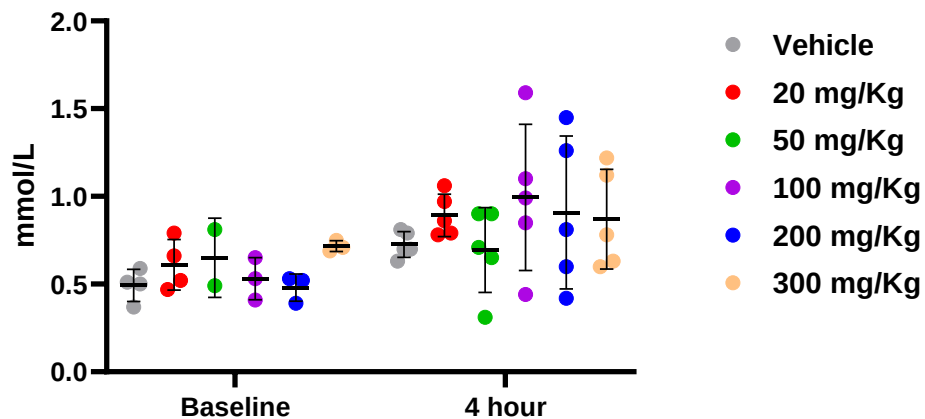
Heart Rate



No clinically significant hemodynamic changes were observed following TXA administration

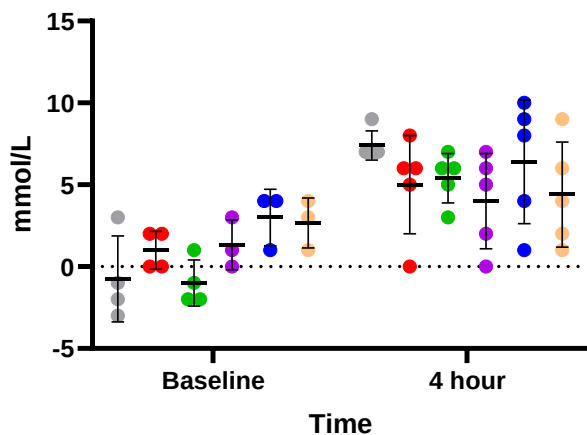
# Results (Blood Gas Results)

Lactate

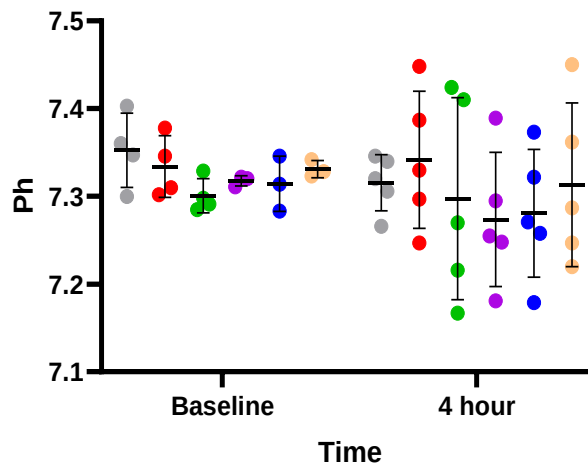


- No significant dose-dependent changes observed in pH, lactate, or base excess.

Base Excess in Extracellular Fluid



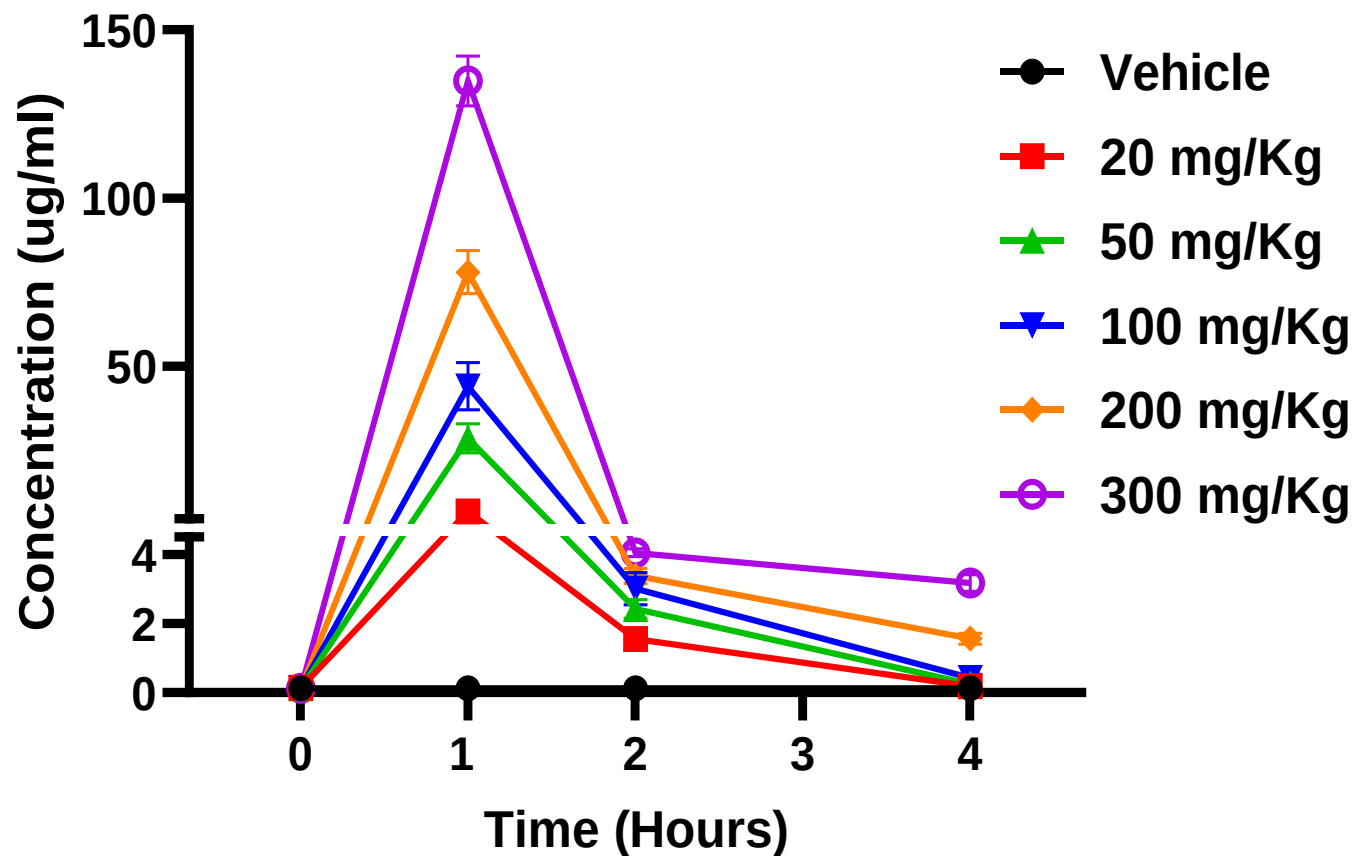
pH



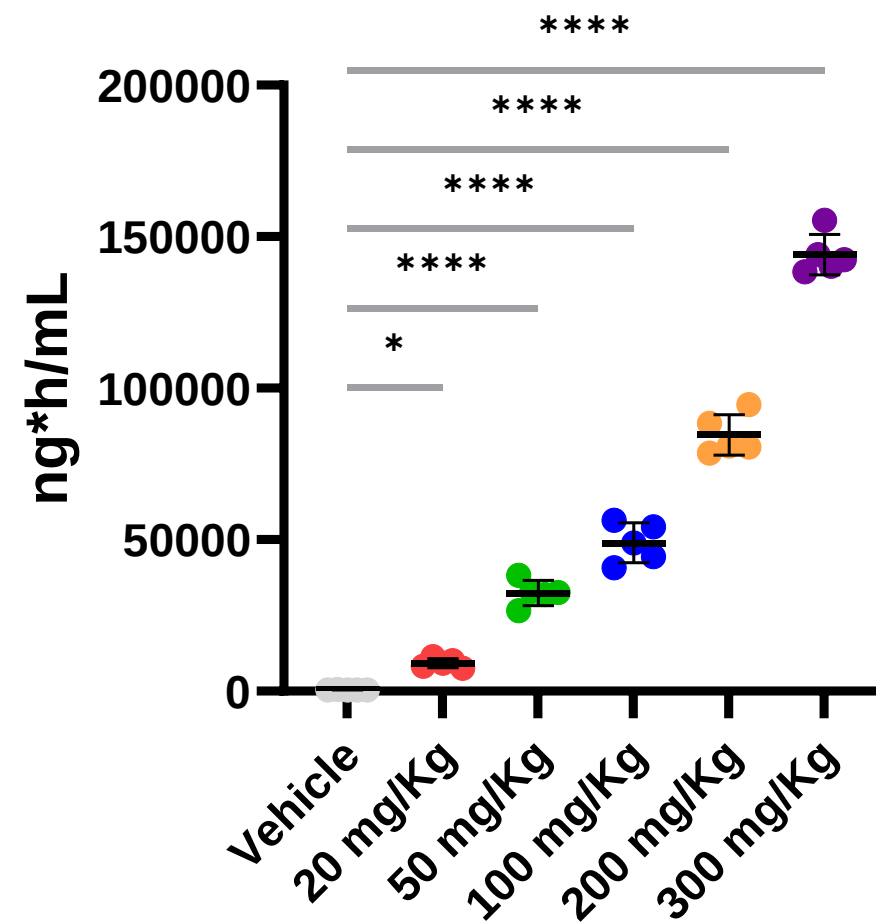
- Blood gas parameters remained within normal physiologic range.

# Results - Plasma TXA Concentration

TXA

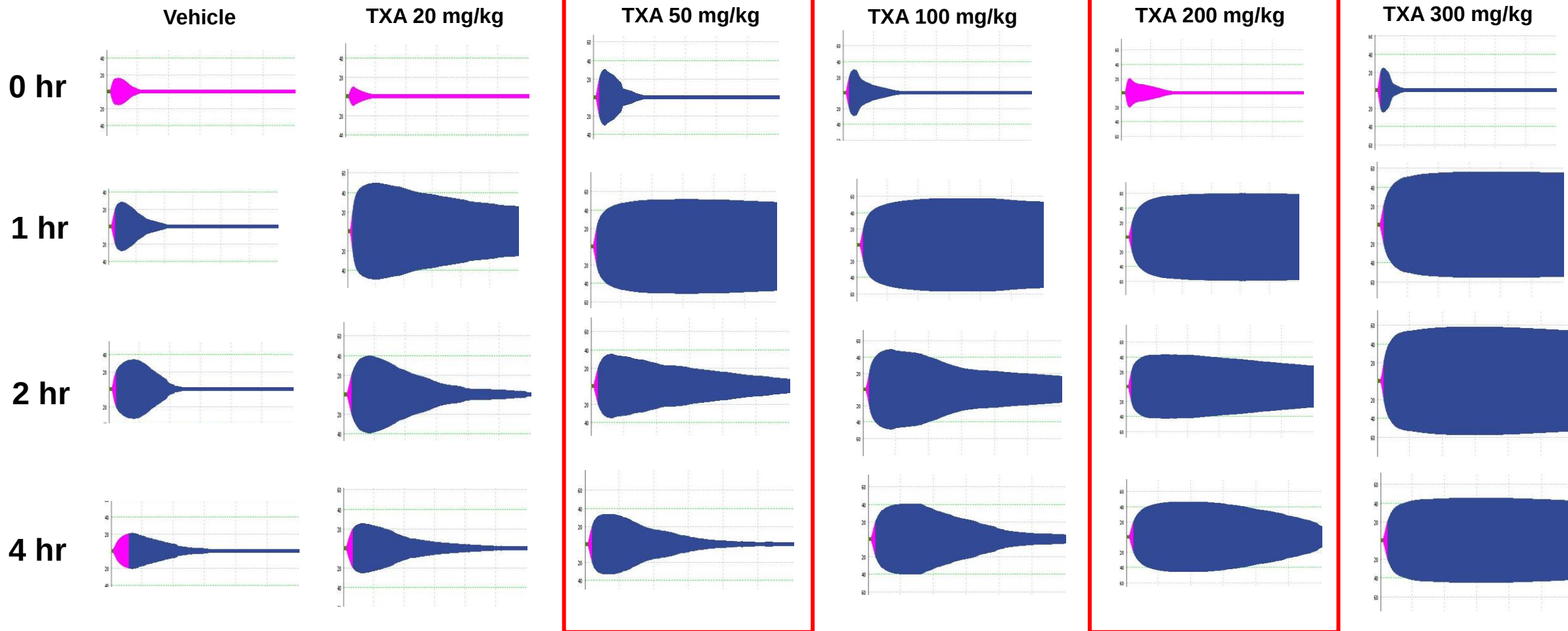


AUC

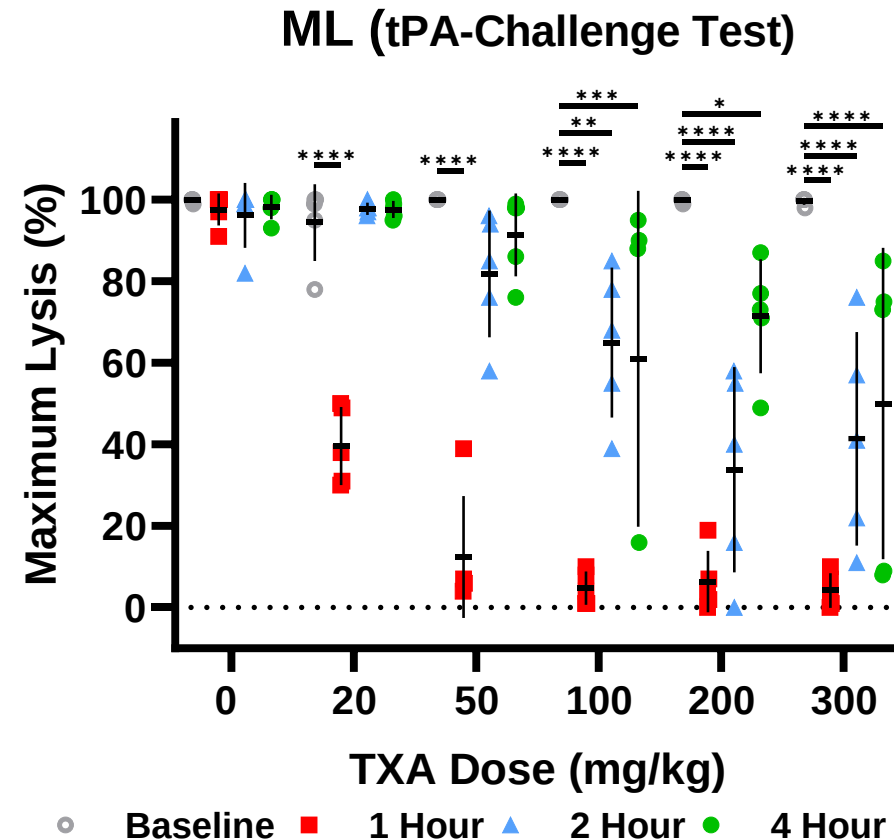
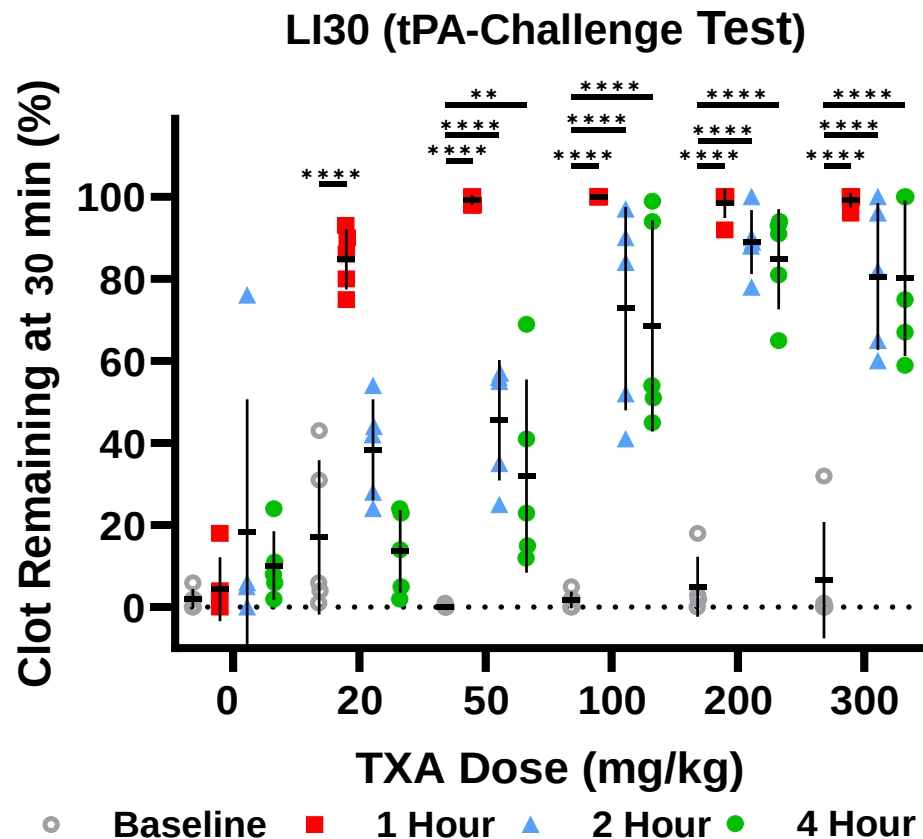




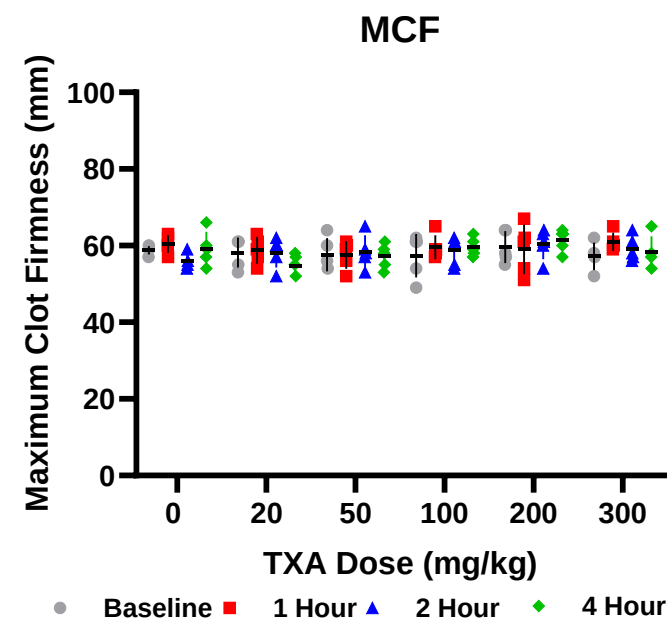
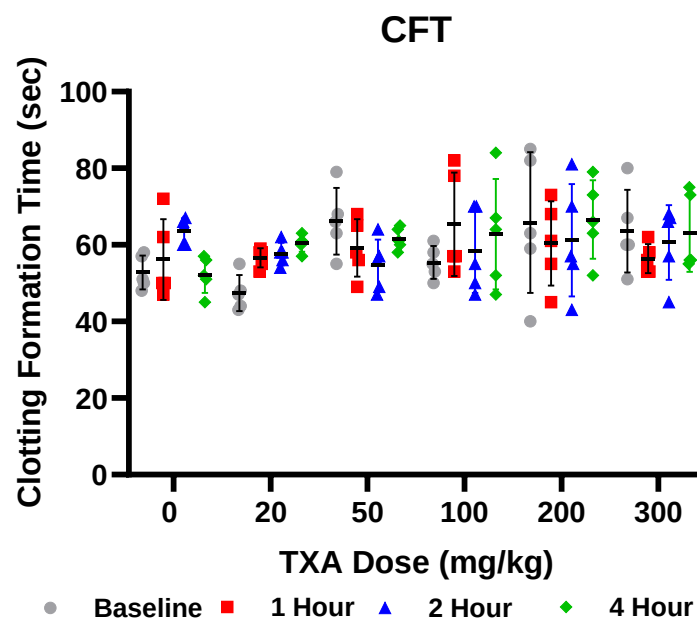
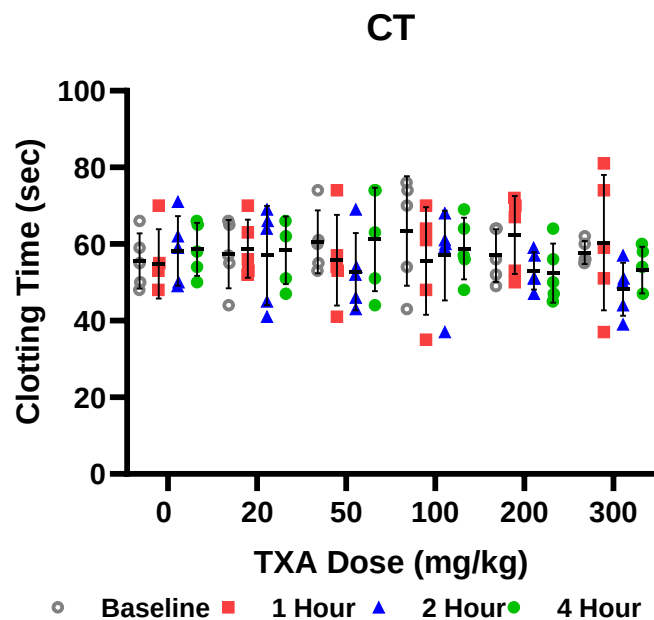
# Results (tPA Challenge Test)



# Results (tPA Challenge Test)



# Results (tPA Challenge Test)



# Summary/Conclusions



- TXA did not induce hypercoagulability in healthy rats.
- Peak plasma-free TXA levels occurred at 1 hour after dosing. A 50 mg/kg dose of TXA provided short-term protection from tPA-induced hyperfibrinolysis, whereas a 200 mg/kg or higher dose sustained clot preservation for at least 4 hours against a hyperfibrinolytic challenge.
- Biochemistry and hemodynamic parameters showed no significant changes from baseline post-TXA administration, and H&E tissue staining revealed no significant abnormalities.
- These findings support further studies of prophylactic TXA dosing strategies to mitigate trauma-induced coagulopathy and traumatic bleeding.

## US Army Institute of Surgical Research Blood and Shock Resuscitation

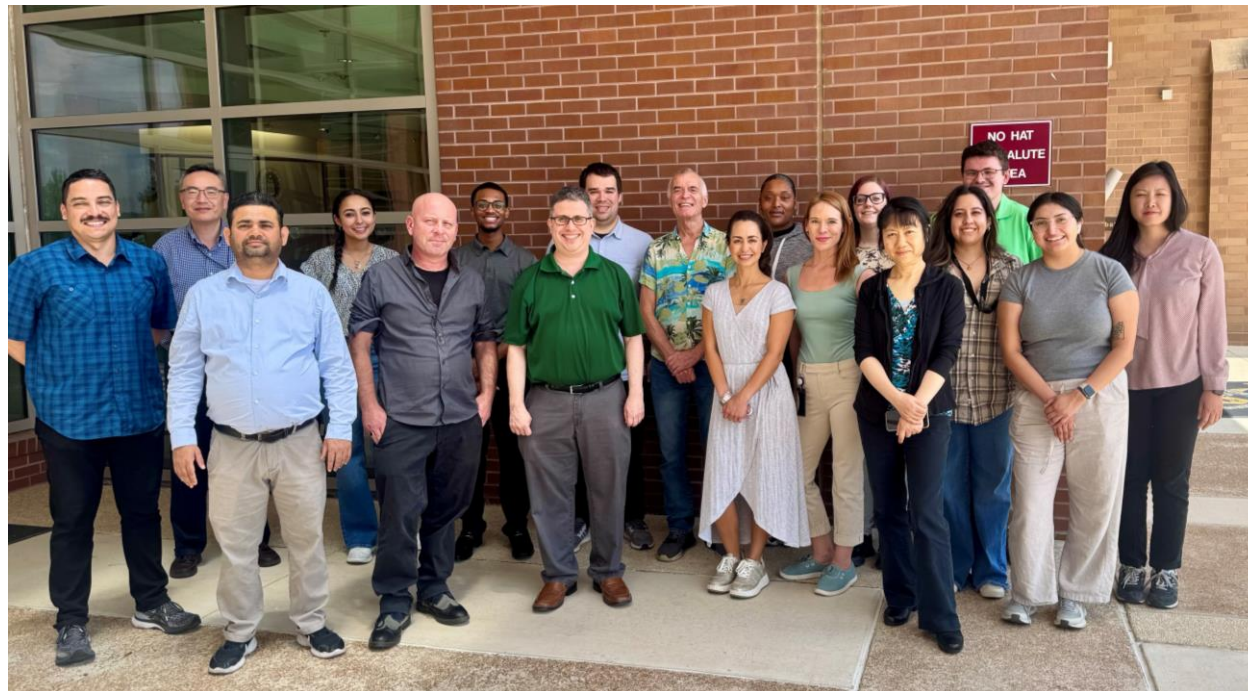
### Lab Members

- Xiaowu Wu, MD
- Robin Sunsong, PhD
- Olivia Tran, PhD
- Bin Liu, B.S.
- Steve Janasik, B.A.
- Alejandra Diaz, B.S.
- Orlando Hernandez, B.S.
- Antonio Sanchez, B.S.
- Samuel Knebel, M.S.
- Madeline Lawrence, B.S.
- Maegan French, PhD Student

LC/MS: Daniel Darlington, PhD

DVM – Pathology: LTC Emily Corbin, PhD

Science Lead: Michael A Meledeo, PhD.



Funding: Combat Casualty Care Program CO250008:  
Prophylactic intervention to mitigate acute traumatic  
coagulopathy and endotheliopathy in trauma and  
hemorrhagic shock





**QUESTIONS?**





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